LOVE
like
THIS
We believe that healthy relationships are for everyone! We think no one is too young or too old to think about what a healthy relationship looks like and feels like, just like no one is too young or too old to color.

We created this coloring book to help you chat about love with those you love. So grab some markers and your favorite conversation buddy and chat about what it takes to make relationships work. There's something for everyone (or every cat) and we hope you’ll use this to color to your heart’s content, and help us create healthy relationships for us all!

Enjoy!

Love,
WSCADV (Washington State Coalition Against Domestic Violence)

P.S. Check out more cute cats at wscadv.org/llt and canyourelate.org
START OUT ON THE RIGHT FOOT!

Asking out
Remember when you saw that shiny new toy you just had to have? Asking someone out is not like that at all. While you may be quite the catch, there are two parts to this dating equation—it’s not just up to you whether you two will go out.

Ask with genuine hopefulness, invite an honest response, and see what happens. You wouldn’t want to go out with someone who isn’t psyched to be with you, right?
YOU OK WITH THIS?

Making a move
Whether it’s holding hands, the first kiss, or making out — when you get together it should feel good to both of you. It’s a lot like a jam session where you need to check in, pay attention, and make adjustments to have fun. An enthusiastic “Yes!” from both of you is the key to making beautiful music together.
Space isn't just for planets.

Keeping in touch vs. keeping tabs
Wanna hang out later?
Let me know if you want to make plans.
I made plans. But I'm worried about you. Text when you can plz.

It's annoying when people don't get back to you. You just know they've seen your texts and are deliberately ignoring you. But who knows what's really going on? (Are they stuck in an elevator? Did they drop their phone in the toilet? Are they busy?)

It's fine to express concern, but don't become controlling. Stay calm and give them some time to get back in touch.
A LITTLE IS OK, A LOT IS NOT.
The secret is out—we all get jealous. Jealousy is a totally normal emotion but when it takes over, you can find yourself doing things you’re not proud of. When jealousy creeps in, you have to deal with it.

Newsflash: becoming more controlling won’t actually make the jealousy go away. You have to own it (even if it doesn’t feel good) and talk about your feelings. And just so we’re clear—jealousy does not equal love.
YOU'RE GOING TO FIGHT, DO IT RIGHT.

Fighting fair
We’ve all been there. You’re fighting about that thing you always fight about. And lately it is pushing one of you over the edge.

Fighting is part of a healthy relationship. But it shouldn’t be scary or leave you feeling beat up. The key is to stay on topic, be respectful, and work towards a solution.
IT'S OVER, EXIT GRACEFULLY.

Breaking up
When it first started, you never dreamed you’d end up like this. But now that the magic is gone, you can’t even remember what you saw in them. Nobody likes breaking up, but when you know it’s time to move on, make it happen!

Focus on ending the relationship and moving forward; don’t obsess about all the things that bother you about your soon-to-be ex. You may feel like being hurtful now, but once the dust settles, it won’t feel as good.
HOW DO YOU LOVE LIKE THIS?
HOW DO YOU LOVE LIKE THIS?
LOVE like THIS
TOGETHER we can end
DOMESTIC VIOLENCE
OCTOBER is
DOMESTIC VIOLENCE ACTION MONTH
START OUT ON THE RIGHT FOOT.

START OUT ON THE RIGHT FOOT.

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START OUT ON THE RIGHT FOOT.

KEEPING IN TOUCH VS. KEEPING TABS.

KEEPING IN TOUCH VS. KEEPING TABS.

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BREAKING UP.

BREAKING UP.

BREAKING UP.

BREAKING UP.

BREAKING UP.

BREAKING UP.

IT'S OVER, EXIT GRACEFULLY.

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