



LOVE
like
THIS

We believe that healthy relationships are for everyone! We think no one is too young or too old to think about what a healthy relationship looks like and feels like, just like no one is too young or too old to color.

We created this coloring book to help you chat about love with those you love. So grab some markers and your favorite conversation buddy and chat about what it takes to make relationships work. There's something for everyone (or every cat) and we hope you'll use this to color to your heart's content, and help us create healthy relationships for us all!

Enjoy!

Love,
WSCADV (Washington State Coalition Against Domestic Violence)

P.S. Check out more cute cats at wscadv.org/llt and canyourelate.org



START OUT ON THE RIGHT FOOT!



Asking out

Asking out

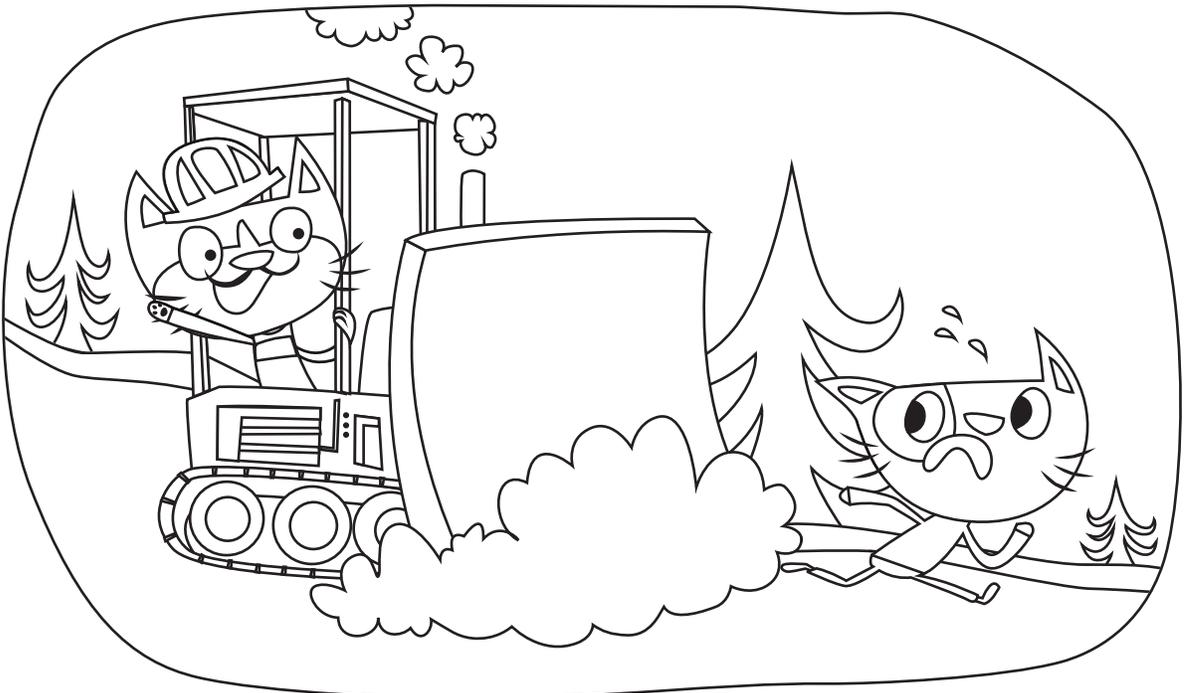
Remember when you saw that shiny new toy you just had to have? Asking someone out is not like that at all. While you may be quite the catch, there are two parts to this dating equation—it's not just up to you whether you two will go out.

Ask with genuine hopefulness, invite an honest response, and see what happens. You wouldn't want to go out with someone who isn't psyched to be with you, right?

LOVE *like* THIS



NOT *like* THIS



YOU OK WITH THIS?

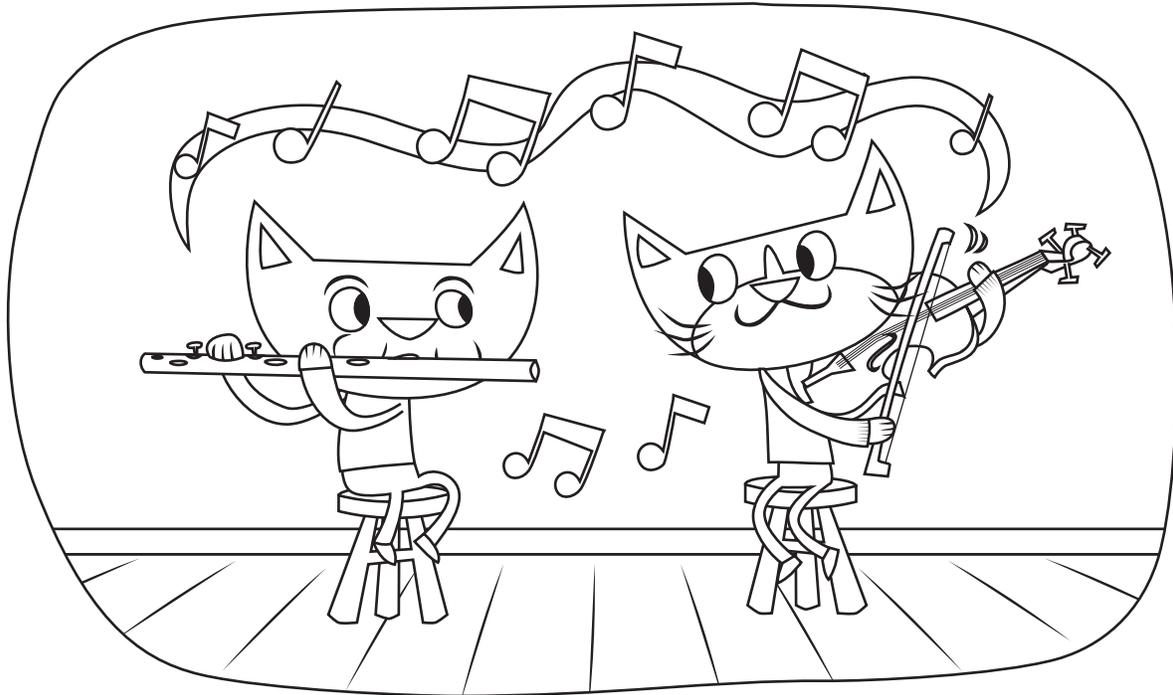


Making a move

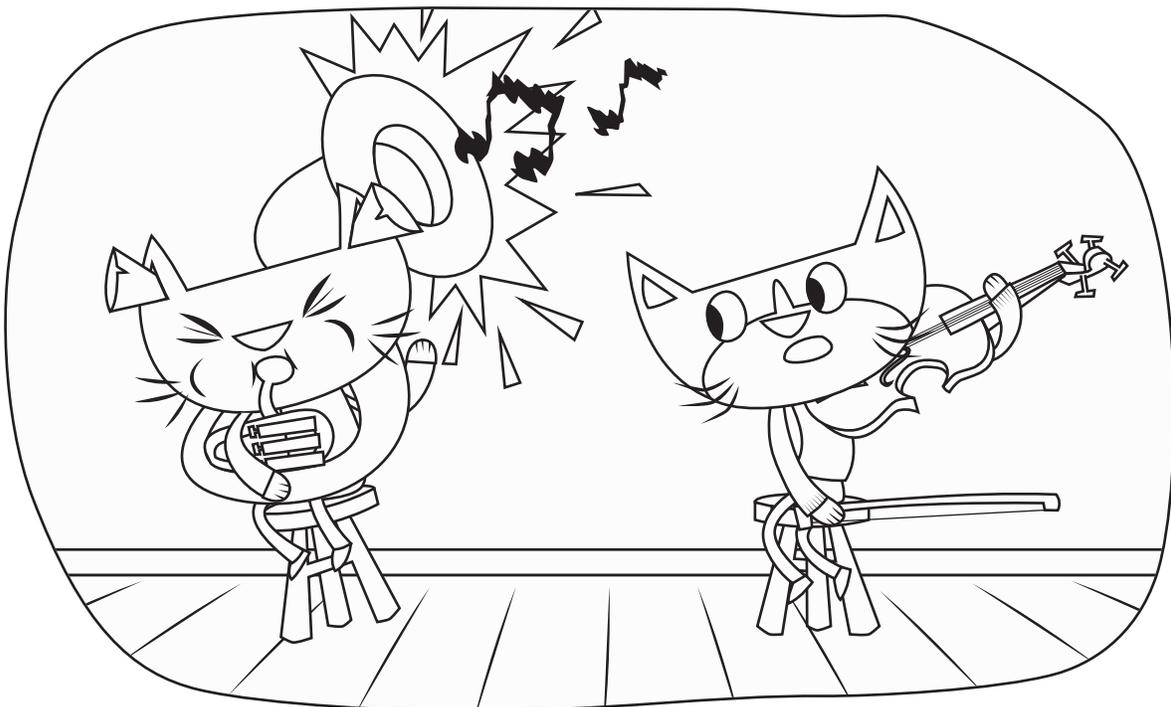
Making a move

Whether it's holding hands, the first kiss, or making out— when you get together it should feel good to both of you. It's a lot like a jam session where you need to check in, pay attention, and make adjustments to have fun. An enthusiastic “Yes!” from both of you is the key to making beautiful music together.

LOVE *like* THIS



NOT *like* THIS



SPACE ISN'T JUST FOR PLANETS.



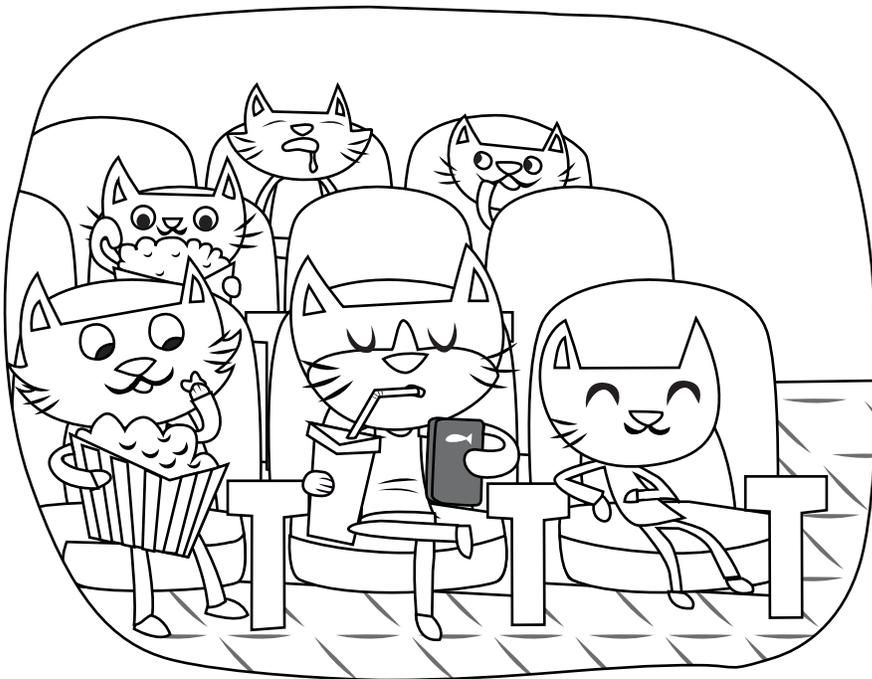
*Keeping in touch
vs. keeping tabs*

Keeping in touch vs. keeping tabs

It's annoying when people don't get back to you. You just know they've seen your texts and are deliberately ignoring you. But who knows what's really going on? (Are they stuck in an elevator? Did they drop their phone in the toilet? Are they busy?)

It's fine to express concern, but don't become controlling. Stay calm and give them some time to get back in touch.

LOVE like THIS



Today 1:28 PM

Wanna hang out later?

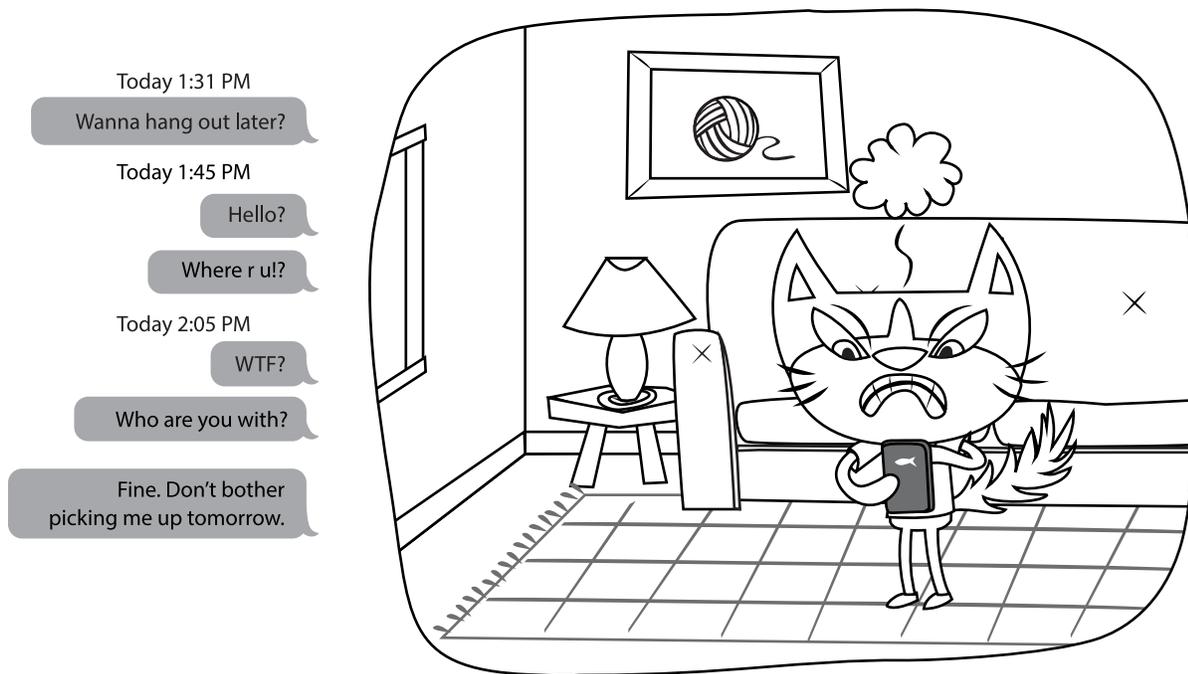
Today 3:36 PM

Let me know if you want to make plans.

Today 5:41 PM

I made plans. But I'm worried about you. Text when you can plz.

NOT like THIS



Today 1:31 PM

Wanna hang out later?

Today 1:45 PM

Hello?

Where r u!?

Today 2:05 PM

WTF?

Who are you with?

Fine. Don't bother picking me up tomorrow.

A LITTLE IS OK, A LOT IS NOT.



Jealousy

Jealousy

The secret is out—we all get jealous. Jealousy is a totally normal emotion but when it takes over, you can find yourself doing things you're not proud of. When jealousy creeps in, you have to deal with it.

Newsflash: becoming more controlling won't actually make the jealousy go away. You have to own it (even if it doesn't feel good) and talk about your feelings. And just so we're clear—jealousy does not equal love.

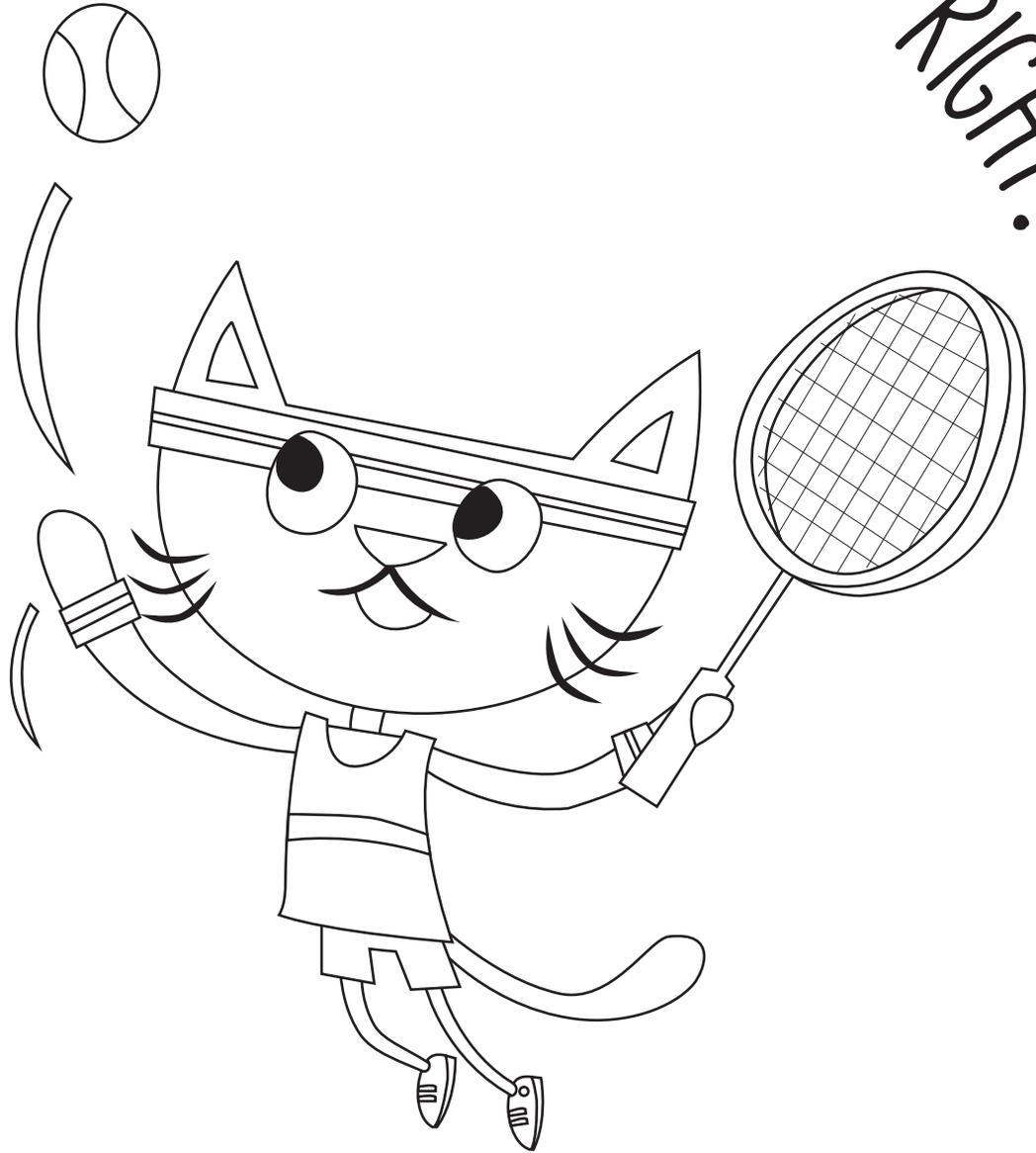
LOVE *like* THIS



NOT *like* THIS



YOU'RE GOING TO FIGHT, DO IT RIGHT!



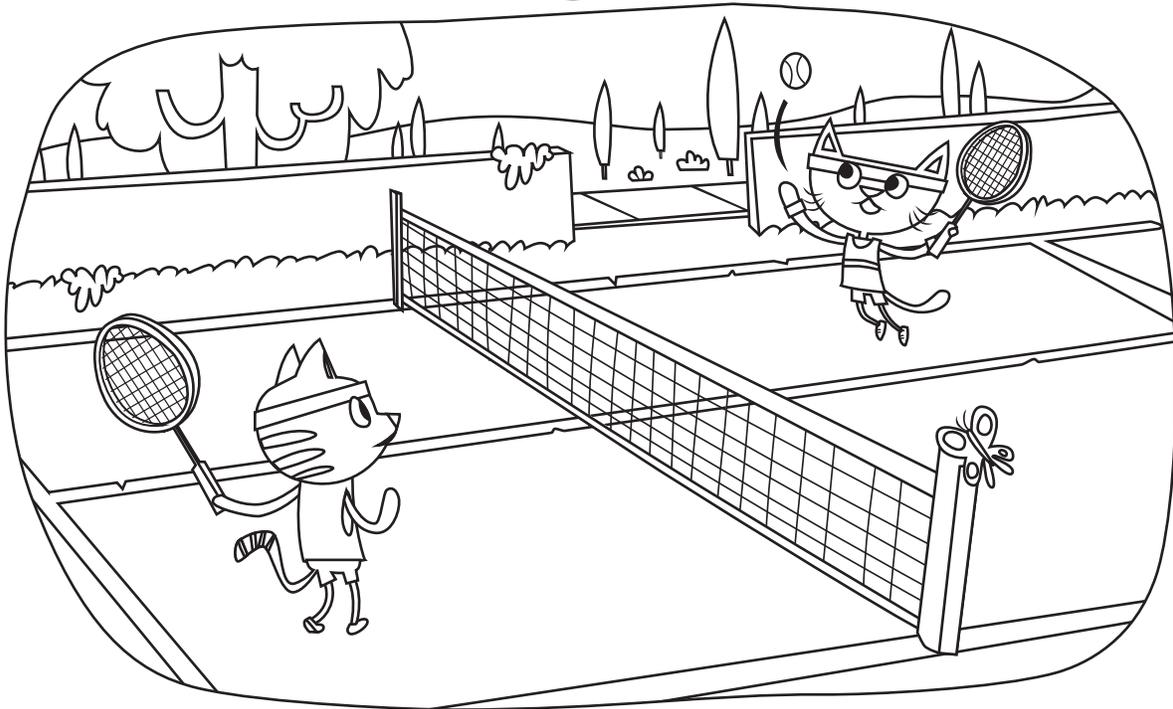
Fighting fair

Fighting fair

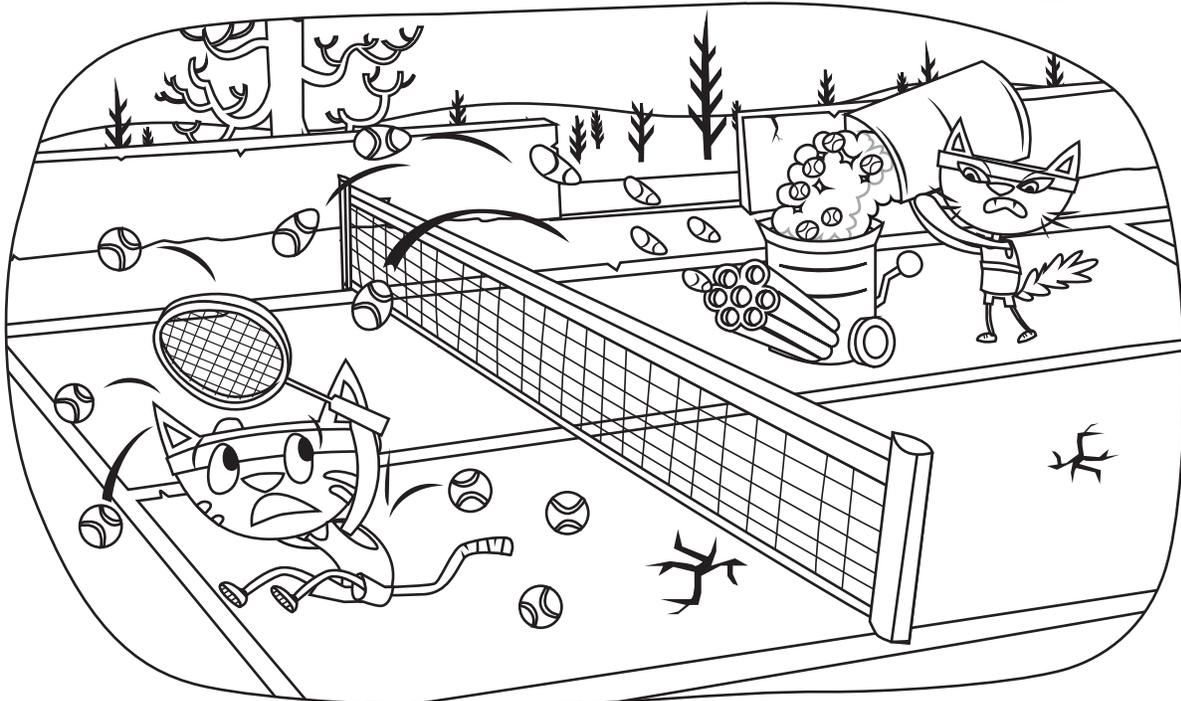
We've all been there. You're fighting about that thing you always fight about. And lately it is pushing one of you over the edge.

Fighting is part of a healthy relationship. But it shouldn't be scary or leave you feeling beat up. The key is to stay on topic, be respectful, and work towards a solution.

LOVE *like* THIS



NOT *like* THIS



IT'S OVER, EXIT GRACEFULLY!



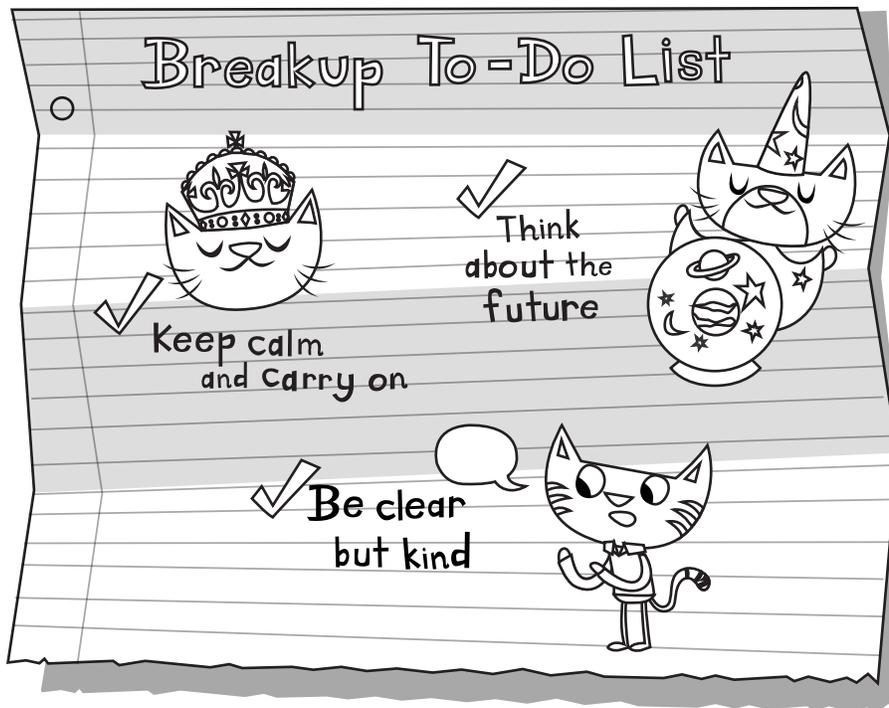
Breaking up

Breaking up

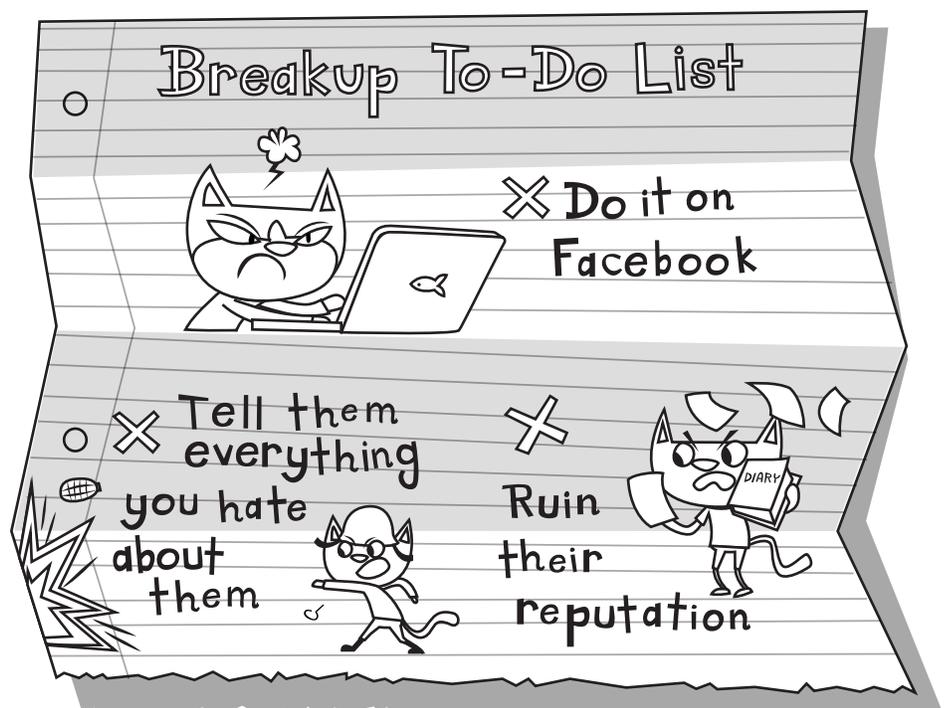
When it first started, you never dreamed you'd end up like this. But now that the magic is gone, you can't even remember what you saw in them. Nobody likes breaking up, but when you know it's time to move on, make it happen!

Focus on ending the relationship and moving forward; don't obsess about all the things that bother you about your soon-to-be ex. You may feel like being hurtful now, but once the dust settles, it won't feel as good.

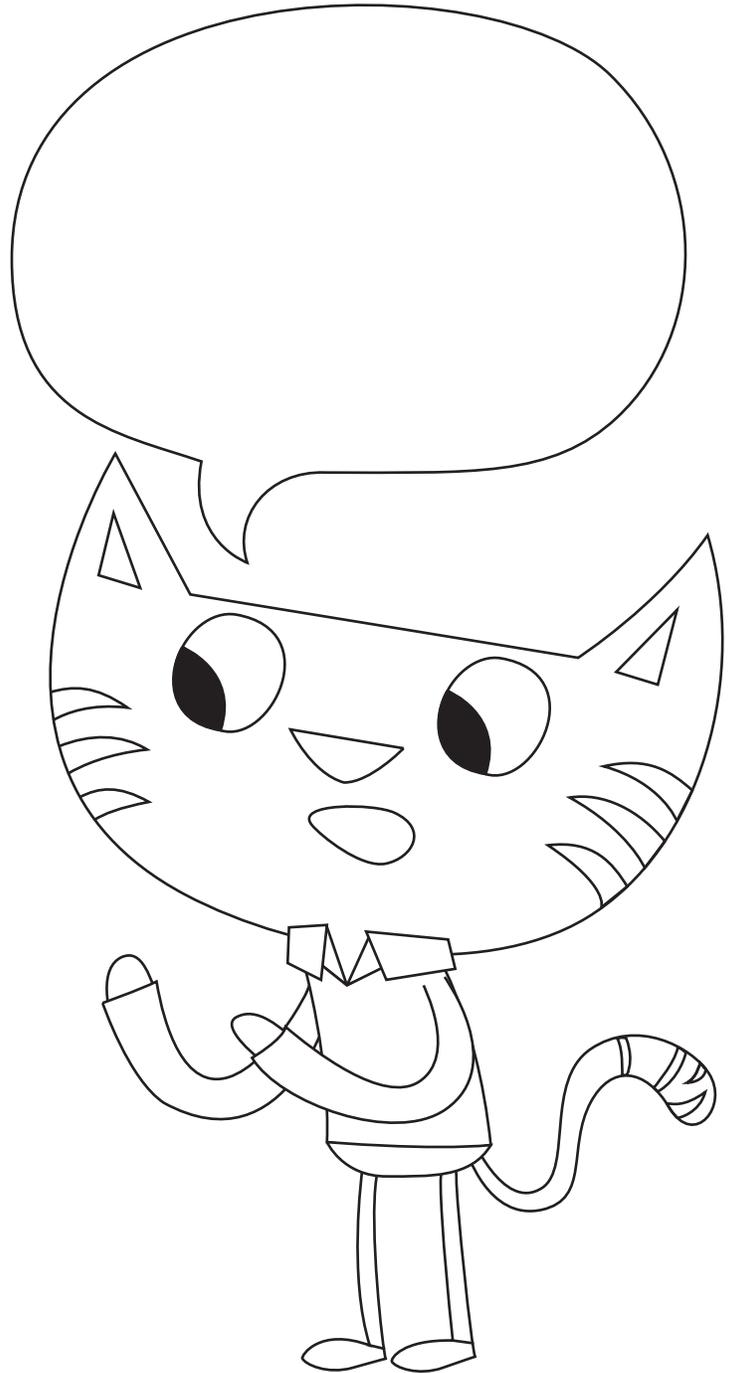
LOVE like THIS



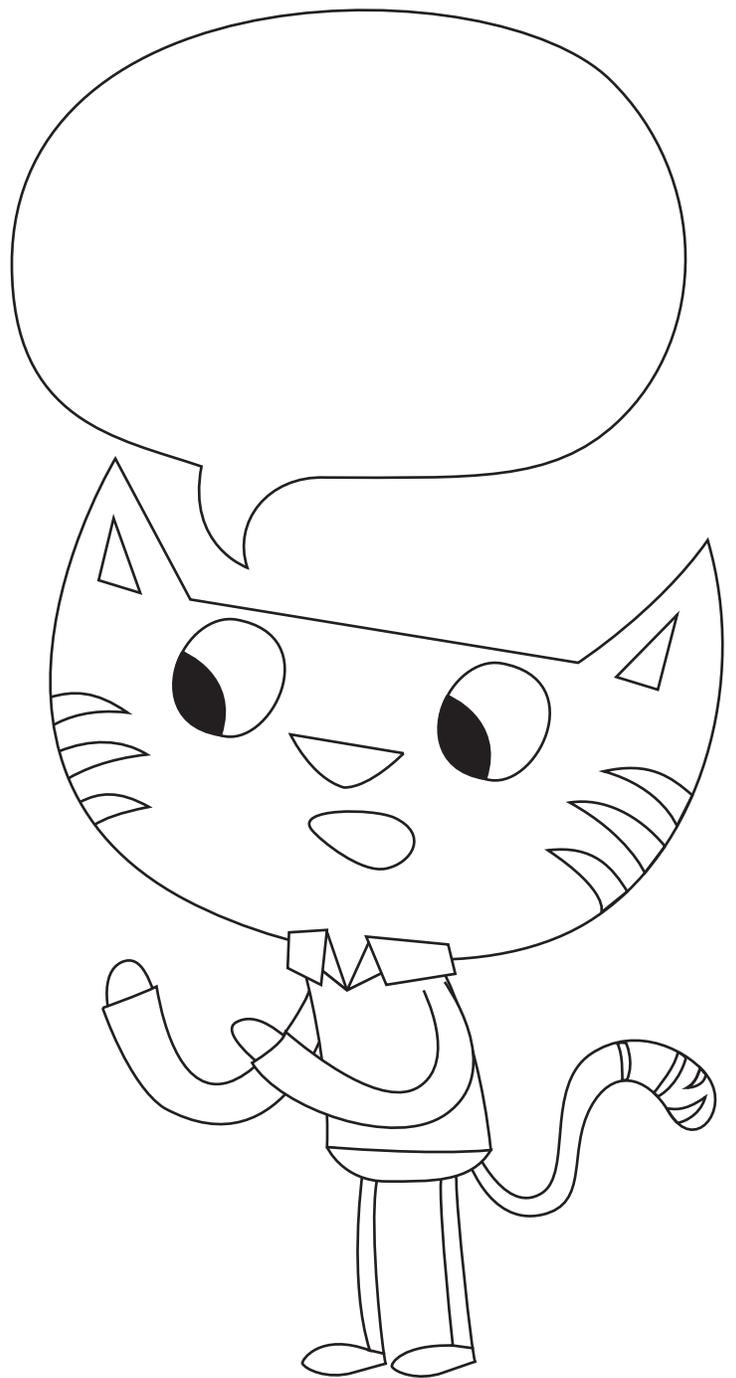
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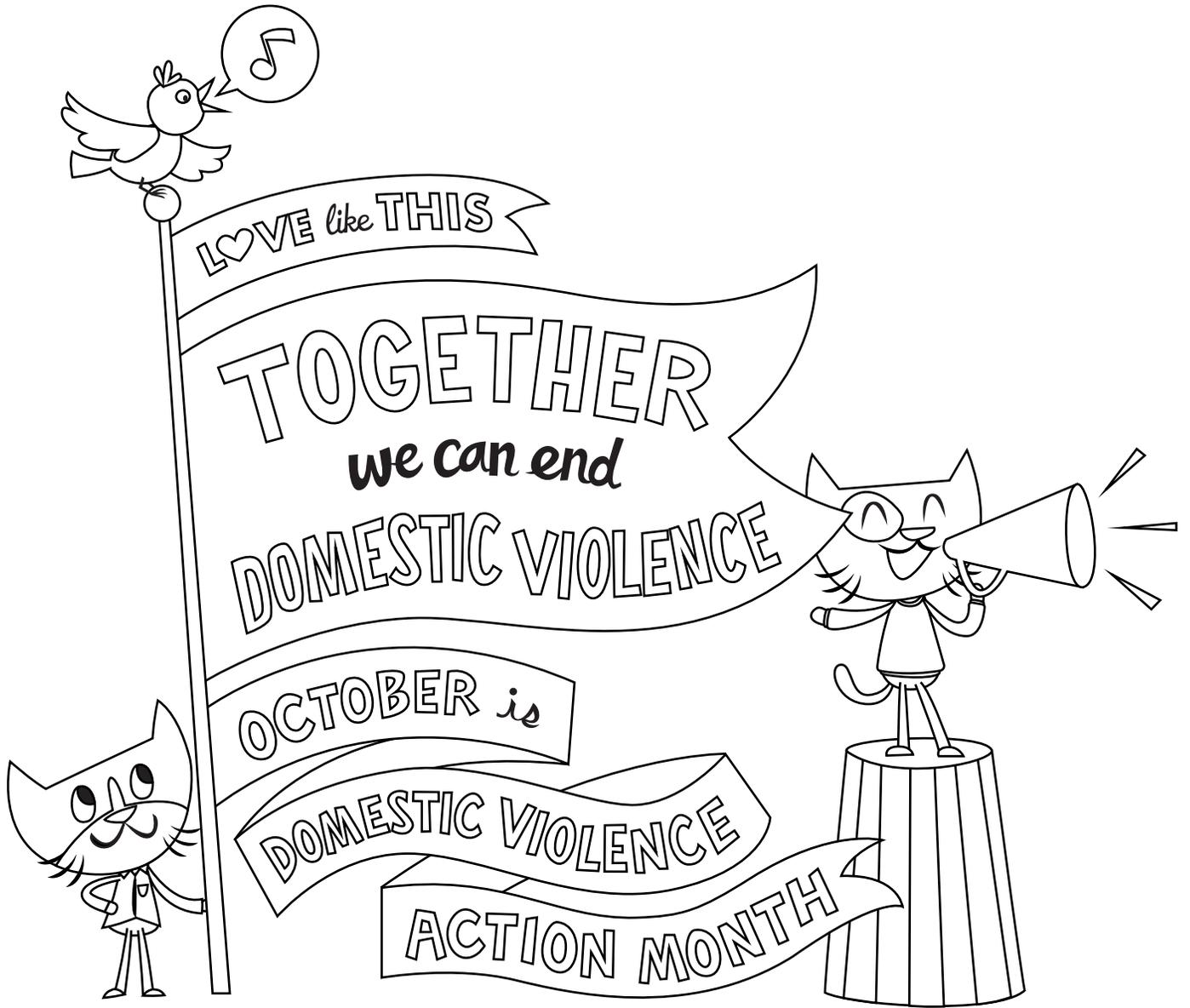


HOW DO YOU LOVE LIKE THIS?



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