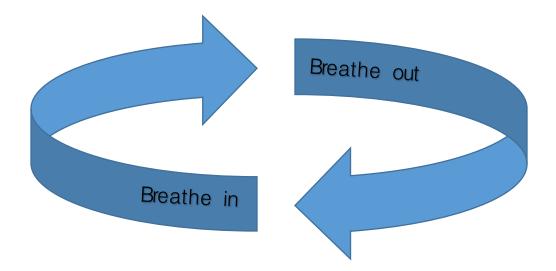
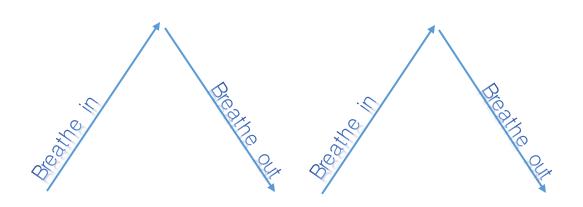
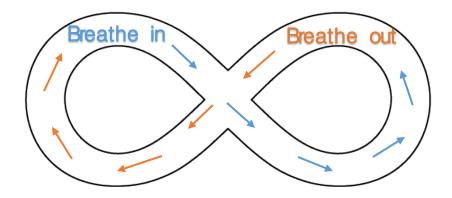
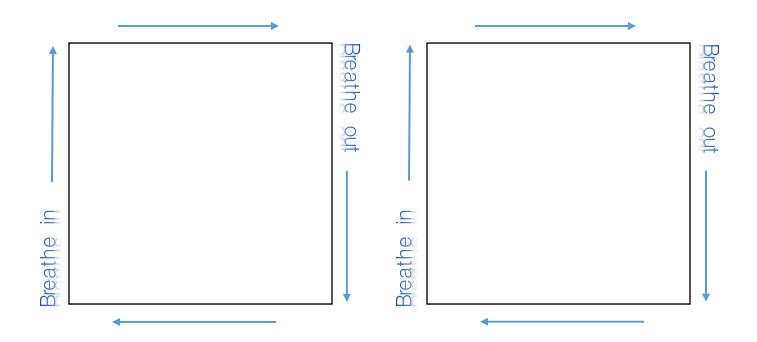
Practice each breathe board by following the lines with your finger as you breathe in and out.





Practice each breathe board by following the lines with your finger as you breathe in and out.





Practice each breathe board by following the lines with your finger as you breathe in and out.

